



## LAKES ENTRANCE

UNIVERSITY OF THE THIRD AGE

U3A Lakes Entrance Inc.

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## 2022 News Letter - Summer Edition

### President's Report

As the year draws to a close I want to thank all members for their support during the year and especially thank the facilitators for the sterling job they do, many for year after year.

As is commonly known, Covid has had a drastic effect on our membership over the past 2 years and has not recovered this year to the extent we would wish. This is the reason for the increase in Membership fees to ensure the viability of Lakes Entrance U3A. All fixed costs are increasing e.g. rent, electricity, insurance etc. and are not expected to stabilize any time soon.

I would especially thank our Treasurer and the rest of the Committee who have worked so hard. Much agonizing has gone on to ensure the best outcome. We always endeavour to keep fees as low as possible while still meeting our obligations.

The Masonic Lodge has finally received the funding they have sought for the final renovations to the Lodge. The men's toilet is to be completely revamped, the flooring in the other toilets replaced, the ceiling repaired after all the water damage and the kitchen being upgraded. They hope to have the work completed over the holiday period but if not we may have to commence the new year out at Lake Tyers Beach.

Because of the work being done Enrolment Day on 19<sup>th</sup> January will be out at Lake Tyers Angling Club as it was earlier this year. Also the Special General Meeting on the 9<sup>th</sup> January will also be held there.

Wishing all members a happy Christmas with family and friends and a safe holiday period.

**Barbara Decker**



### **Acknowledgements:**

This newsletter is proudly printed as a free community service by the office of **Tim Bull MP**.

143 Main St, Bairnsdale Vic 3875. Tel. 5152 3491 Fax. 5152 2032

We would also like to acknowledge the assistance of *REG* FM, Lakes Post and the Lakes Entrance Library for their continued support of U3A Lakes Entrance

### **Course Co ordinator**

Another successful year is drawing to a close and a busy time it has been for all. We are very fortunate to have our dedicated facilitators running so many courses. The two new classes introduced this year, Folk Guitar and Passion for Poetry have been very successful.

An exciting addition to the programme for 2023 will be Birdwatching. Passionate bird watcher Sue Grima is going to take an enthusiastic band of would be twitchers on a walk on the first Thursday of each month to spot as many locals as possible. Expand your knowledge and get some exercise at the same time.

### **Barbara Decker**

<b>Committee Members 2022</b>		
President	Barbara Decker	0414 739 617
Vice President	Peter Sindrey	0418 117 998
Secretary	Val Halliday	0419 600 625
Treasurer	Di Dixon	0412 020 611
Membership Officer	Di Dixon	0412 020 611
Course Co-ordinator	Barbara Decker	0414 739 617
Publicity	Judy Davies	0405 246 655
Newsletter	Margaret Sawyers	0499 109 836
Almoner	Jenny Visser	0405 730 853
Social	Margaret Berlingeri	0487 654 521
Lodge Liaison		
Committee Member	Chris Gilbert	0408 083 350
Assistant Treasurer	Val Halliday	0419 600 625

**Librarian:** Joy Wilmshurst 0427 323 910

## **Course Reports**

### **Free Dance**

I would like to welcome Keryn to our group and to also say thank you for taking the class while I was away. Free dance is exactly what it says. It does not require a partner, its just movement to music. Now the carpet has been replaced the new surface is great to dance on.

We would like a few more people to join in and have fun with us. Dancing is so good for the body. Come along and do what you can with out any pressure. Feel free to even sing along to the great choice of music.

I wish everyone a healthy New Year

**Andrea**

### **Shibashi Qigong**

Welcome back everyone after all your trips.

My thanks go out to Jenny for taking the class while I was away.

Shibashi is a great way to start the day, the relaxing routine clears the mind and prepares you for the day ahead. There is room for more members to join us.

Happy holidays

**Andrea**

### **Play Along**

Another year of Playalongs enjoying the camaraderie and relaxed atmosphere of our group.

Wow we have such a mixture of instruments..... guitars, ukuleles, piano accordions, tin whistles, a large wooden recorder and the latest addition, a 6 string banjo guitar.

All the music we have has the notes as well as guitar and Ukelele chords.

Are you thinking next year you'd like a new challenge? Well dust off that school recorder, tune that guitar or ukulele, polish up your mouth organ, get out your drums and come along to Playalong.

It's on the 1st and 3rd Thursday of each month. We start at 3.30 pm.

What a great way to finish off the day with music in your soul and a smile on your face!

**Carol McDonald**

### **Canasta**

The Canasta group have looked forward to our Friday afternoon card games with a large attendance every week. It has been a lot of fun and I am thankful for all the help setting up and packing up. Such a great group of women and men. I hope we can all get together again next year along with some new players.

**Joy**

### **Scrabble**

Ten regular, enthusiastic players met at the Bowls Club every Tuesday to expand our vocabulary, challenge our mind and memory and enjoy a coffee and a chat.

We don't play for 'sheep stations', but celebrate unusual and/or high scoring words and high game scores.

The holiday season is a perfect time to get out the Scrabble board for a game with family and friends, especially grandkids who don't often experience the enjoyment of sitting around the table playing a board game.

Next year we will continue to record high scoring words and will introduce 'themed days' where bonus points will be awarded for words associated with the topic eg animals, Summer

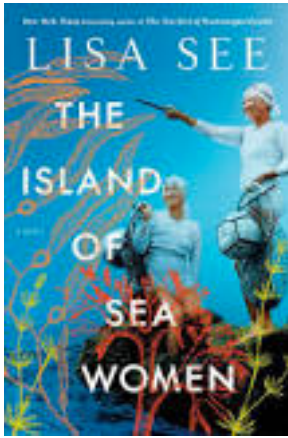
If that sounds like fun to you, please join us next year, all abilities welcome.

May the Festive Season be happy and joyful for you and yours.

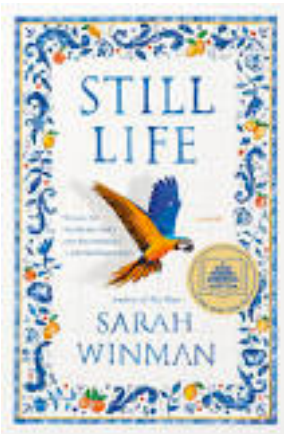
**Jude Everett**

## Book Club

Our book choices for term four have given us some memorable reading and as usual terrific follow up discussions with a great group of people.



**The Island of Sea Women** by Lisa See was our book for October. Most of us really enjoyed this book and we learnt so much. Not only about the inspirational Korean women who free dive for a living but also the culture and history of that part of the world. The Island of Jeju where the book was set has its own language and specific cultural norms, which were intriguing for us. We were fascinated to learn about the unique society of the women divers, so many beautiful layers to that aspect. The main storyline centred around a tumultuous friendship between two women divers, how their lives entwined, the strength of the bond and forgiveness after feeling betrayed. Unfortunately we also learnt about the incredible brutality and deprivation that the Korean people have had to endure through so many wars. Although we applauded the book for many reasons, the writing failed to really impress.



Sarah Winman's book **Still Life** was a real winner.

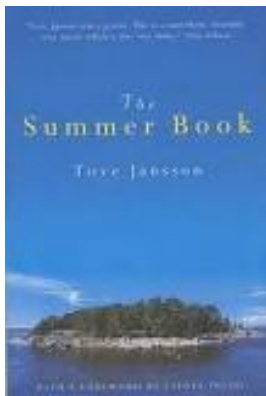
It's hard to know where to start with this book. Those of us who read it just loved the whole experience. And this month we were full of praise for the beautiful writing from this gifted author, so many little phrases/anecdotes that you felt like jotting down.

If you love art, craftsmanship, food, music, Europe (especially Florence and Venice this is for you).

Let's not forget a story, which describes incredible enduring friendships and loving relationships of all kinds.

And there's more touches of 'laugh out loud' humour and poignant moments.

Most appropriately, we are now reading **The Summer Book** by Tove Jansson, a Swedish author. It set in the Gulf of Finland and is quite a short book, first published in 1972. It has been described as a timeless classic. To celebrate its 50 years a new edition was printed in 2022, and is still receiving much acclaim. The story focuses on the relationship between a grandmother and granddaughter and through them we experience the delights of their natural environment. Grief and loss of loved ones is a central theme. As we haven't yet met I don't know how the book has generally received but I have had one glowing response.



**Beth Harrison.**

## **Uke Report**

Our group have been meeting every fortnight this year, which has proven quite successful. We have averaged 12 – 15 players each week which means we have been able to maintain a high level of consistency with our practice of many songs. We now have a repertoire of nearly 80 songs plus a small number of instrumental pieces where the melody is picked out on individual strings. We have many favourite pieces which we practise regularly, and the results are very pleasing and satisfying.

Playing a uke at home by yourself is sometimes quite disheartening, especially if others in the household are not very supportive, but playing together in a group helps with confidence and the results are usually uplifting – sometimes even emotional. So I'd like to encourage every member to keep up your musical enjoyment at home too. Once again we will be performing at the community Carols by Candlelight so we hope to see you there.

Thank you to all the uke members who are always so enthusiastic and make the sessions fun and delightful. Thank you all for making my role as facilitator very easy and enjoyable. I'm very proud of every one of my uke players and wish them, and all U3A members, a very Merry Christmas and Happy New Year.

**Sue**

## **Photography**

The photography class is ending the year with a big splash, at least as far as I am concerned as I was the only one who got at least a little wet.

The class members are now picking the subject for the classes. In other words, what photography skills they would like to try as a class. The few we have done has pushed the members to find and use some of the many features the digital cameras contain. The results have been very interesting and fun to achieve.

The Photography class has 2 digital cameras for use by members that want to learn how to control the camera and learn the basics of photography. If there are any takers the class can be worked to fit a beginner or another level of ability. (of course, within reason). i.e. Prodigies of Adams or Karsh or other such photographers will be immediately enlisted as a facilitator.

**Bruce**

## **Folk Guitar**

Folk guitar ends the year a cross section of selections and some interesting challenges as the members are picking their favourites for the group to try.

The only criteria for the class is that a U3A member have a knowledge of the basic major and minor chords and want to sing their selection with a sympathetic and encouraging group. The range of songs leaves the name folk easily replaced with acoustic guitar.

Lorna has offered to take the first half hour of the session to do instruction in rhythm guitar. There has already interest to this idea and I think could be a valuable addition to our group.

Due to the size of the space we will need to continue to limit the class size to 10.

**Bruce.**

## **Beginners French**

Despite our busy lives we managed to enjoy a good attendance level every week, averaging 10 to 12 members.

We concentrated on small tricky words and phrases which are common in French but may not be used as much in English.

We continued to practice our vocabulary and pronunciation using situations like “at the doctor’s”, “in our home”, “celebrating with our family” and of course “shopping”.

Videos play a big part in our learning and we are looking forward to a full length film for our last meeting of the year

Joyeux Noël et Bonne Année de nous tous!

**Irene Yeats**





### **Craft**

Although for various reasons our classes have been super small this term our group have been busy creating some amazing things. We hope that next year more people will come and enjoy our friendly little sessions on Tuesday mornings.

We wish all members a very happy Christmas and a safe and healthy New Year.

**Margo**



### **Some of Meredith's amazing creations**

### **Celtic Plus and Irish Sessions**

It's hard to believe these classes have been running for two years already. In spite of classes being small in the winter months, the November and December Celtic Plus sessions have seen us return from our travels and the classes have been almost full.

On Thursday we combined with Carol's Playalong class to have music, followed by dinner at the bowls club. We had such a variety of instruments, plus some of us play more than one. On Thursday evening, we had tin whistles, guitars, ukuleles, a mandolin, a banjolele, a recorder, piano accordions and fiddles. Some of us have been learning tin whistle and we played We Three Kings in two parts. For our last session, we also welcomed surprise guests, Kay Moore and Don McColl from Moore Fiddling Around.

As I was away in October, we have only had one Irish session this term, our final one for the year is this coming Tuesday. I have prepared a couple of Christmas jigs for us to learn.

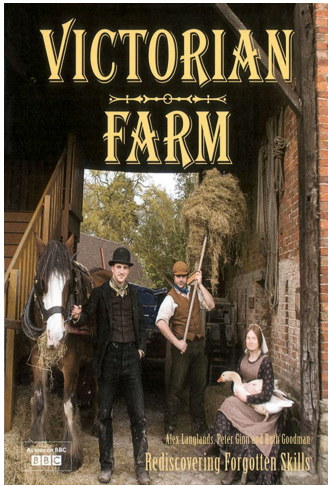
I'd like to wish everyone a safe and happy Christmas and 2023.

**Barbie Roche.**

## History

The History group moved to the small room during the term, finding the acoustics in the main room just too bad to listen to our lectures/documentaries in comfort. The crunch came with a guest lecturer in the Power and Politics in the Modern World series. An American female scholar with a very strong accent was impossible to understand, and even with the much better acoustics in the small room, we found her too difficult to listen to - and why do people feel they have to speak at 100 miles per hour these days? Be that as it may, we gave up, and turned to our own indigenous people's history next.

We found an excellent series called First Footprints on YouTube, hosted by Ernie Dingo, and that kept us happy for a month - there are four episodes. From there we turned to Victorian Farm, an excellent BBC production, described on Wikipedia as follows:



***Victorian Farm*** is a British historical documentary TV series in six parts, first shown on BBC Two in January 2009, and followed by three Christmas-themed parts in December of the same year. The series, the second in the BBC historic farm series, recreates everyday life on a farm in Shropshire in the 1880s, using authentic replica equipment and clothing, original recipes and reconstructed building techniques. It was made for the BBC by independent production company Lion Television and filmed at a preserved Victorian era living museum farm, Acton Scott Historic Working Farm, Shropshire. The farming team was historian Ruth Goodman, and archaeologists Alex Langlands and Peter Ginn.

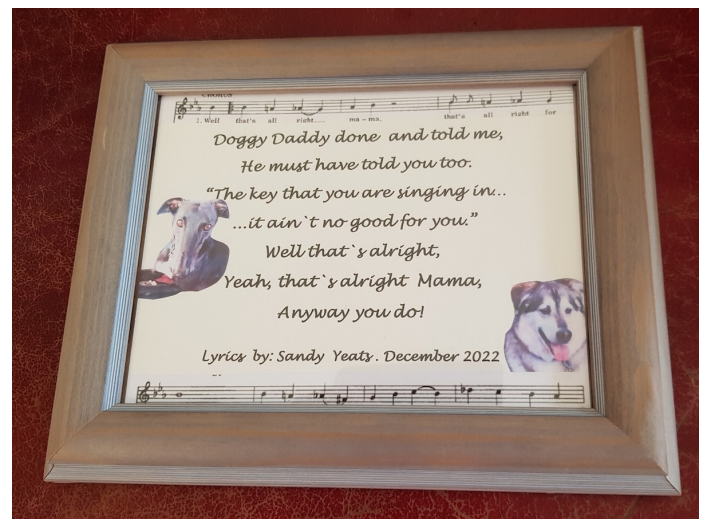
Looking forward to more interesting topics to follow up in the new year, we wish all U3A members a Merry Christmas and a Happy New Year, and a big thank you to the President, Secretary, Treasurer and Committee members, who make it possible to enjoy the many classes available. A cordial invitation to anyone interested in History is invited to join us in 2023.

**Jennie Towan**

## Rock on

It's been a great year for Rock On. Members have learnt a lot and are playing excellent solos as well being part of a high performing cohesive unit. The group's end of year gig at Wyanga has inspired everyone to take it to the next level in 2023.

Thanks to everyone for their support, especially Sandy who penned a few special lyrics for a little presentation – and sang them too!



**Leigh (Doggy Daddy) Davies**

## U3A Lakes Entrance Inc.Course Schedule Term 1 2023

**30<sup>th</sup> January – 6<sup>th</sup> April**

<b>Monday:</b>	<b>Time:</b>	<b>Facilitator:</b>	<b>Contact Ph:</b>	<b>Venue/Room:</b>
History	10.00-12.00	Jennie Towan	0407 550 306	Room 1
Film Group(not 3 <sup>rd</sup> Mon.)	1.00-3.30	Anna Carter-Pearse	0429 978 587	Room 1
Folk Guitar	1.30-4.00	Bruce Wilmshurst	0456 611 416	LTB Angling Club

### **Tuesday:**

Walking Group	9:00	Val Ryan	5155 5870	Outside
Shibashi Qigong	8.30-9.00	Andrea Edwards	5155 4914	Room 1
Criminology	9.00-10.00	Judy Pillinger	0427 323 667	Room 1
Craft and Sewing	10.15-12.00	Margo Short	0408 357 378	Room 1
Scrabble	10.00-12.00	Jude Everett	0409 528 070	Bowls Club
Mahjong	1.00-3.00	Rhonda Biddle	0416 035 564	Room 1
Ukelele (1st&3 <sup>rd</sup> Tues)	3.30-5.00	Sue Wilson	0409 389 658	Room 1
Sessions Tunes (2 <sup>nd</sup> Tues.)	3.30-5.30	Barbie Roach	0402 117 540	Room 1

### **Wednesday:**

Gardening	9.00-11.00	Gwenda Bland	0490 700 723	Baptist Church
Cryptic Crosswords	10.00-12.00	Gary Chapman	0438 501 023	Room 1
Discussion Group	1.00-3.00	Gary Chapman	0438 501 023	LTB Angling Club
Getting into Guitar	12.00-1.00	John McMillan	0428 546 094	Room 1
Rock On	1.00-4.00	Leigh Davies	0457 317 993	Room 1

### **Thursday:**

French for Beginners	10.00-12.00	Irene Yeats	0417 547 944	Room 1
Book Club	11.00 -1.00 (last Thurs.)	Beth Harrison	0409 012 726	Room 1
Celtic Plus	3.30-5.30 2 <sup>nd</sup> Thurs.	Barbie Roche	0402 117 540	Room 1
Play-a-long Music	3.30-5.30 1 <sup>st</sup> &3 <sup>rd</sup> Thurs.	Carol McDonald	0429 383 909	Room 1
Free Dance(not 2 <sup>nd</sup> Thur)	2.00-3.00	Andrea Edwards	5155 4914	Room 1
Passion for Poetry	3.15-4.45 4 <sup>th</sup> Thurs.	Liz Dorsett	0473 822 533	Room 1
Bird Watching	9.00-10.00	Sue Grima	0427 281 445	LTB Outside

### **Friday:**

Walking Group	9:00	Val Ryan	5155 5870	Outside
Line Dancing	9:30 - 12:00	Judy Collins	0418 677 560	Senior Citizens
Photography	10.00-12.00	Bruce Wilmshurst	0456 611 416	Room 1
Canasta	1.30-4.00	Joy Wilmshurst	0427 323 910	Room 1

**All classes at Masonic Lodge 10 Rowe Street Lakes Entrance unless otherwise specified.**



## Library

For your summer reading take home a few books from our Library, new books coming in all the time so check it out.

You can keep them for the holidays and return when classes start in February.

Library is situated between the two classrooms at the Lodge.

**Joy Wilmshurst, Librarian**



Well done U3a for your donations. These glasses are assessed and given a second life.

There's a box at The Lodge to put them in.

Kids were asked questions about the old and new testaments.

The following 25 statements were written by children. They have not been retouched or corrected. Incorrect spelling has been left in.

1. In the first book of the bible, Guinness. god got tired of creating the world so he took the sabbath off.
2. Adam and eve were created from an apple tree. Noah's wife was Joan of ark. Noah built an ark and the animals came on in pairs.
3. Lots wife was a pillar of salt during the day, but a ball of fire during the night.
4. The jews were a proud people and throughout history they had trouble with unsympathetic genitals.
5. Sampson was a strongman who let himself be led astray by a Jezebel like Delilah.
6. Samson slayed the philistines with the axe of the apostles.
7. Moses led the jews to the red sea where they made unleavened bread, which is bread without any ingredients.
8. The egyptians were all drowned in the dessert. Afterwards, Moses went up to mount cyanide to get the ten commandments.
9. The first commandment was when Eve told Adam to eat the apple.
10. The seventh commandment is thou shalt not admit adultery.

11. Moses died before he ever reached canada then Joshua led the hebrews in the battle of geritol.
12. The greatest miricle in the bible is when Joshua told his son to stand still and he obeyed him.
13. David was a hebrew king who was skilled at playing the liar. He fought the Finkelsteins, a race of people who lived in biblical times.
14. Solomon, one of Davids sons, had 300 wives and 700 porcupines.
15. When Mary heard she was the mother of Jesus, she sang the magna carta.
16. When the three wise guys from the east side arrived they found Jesus in the manager.
17. Jesus was born because Mary had an immaculate contraption.
18. St. John the blacksmith dumped water on his head.
19. Jesus enunciated the golden rule, which says to do unto others before they do one to you. He also explained a man doth not live by sweat alone.
20. It was a miricle when Jesus rose from the dead and managed to get the tombstone off the entrance.
21. The people who followed the lord were called the 12 decibels.
22. The epistels were the wives of the apostles.
23. One of the oppossums was St. Matthew who was also a taximan.
24. St. Paul cavorted to christianity, he preached holy acrimony, which is another name for marraige.
25. Christians have only one spouse. This is called monotony.



### **Dates to remember**

Come along and have your say at the Special General Meeting on the 9<sup>th</sup> January at Lake Tyers Angling Club at 2pm

Enrolment Day on 19<sup>th</sup> January will also be out at Lake Tyers Angling Club. Between 10 - 12